

Renature
your life



E-Smog
protected
by memon



Reduce fine particulate matter –
let's breathe deeply!



Your checklist – easy
lifestyle tips that will help
**reduce fine particulate matter
straight away.**

memon[®]
BIONIC INSTRUMENTS



CHECKLIST for reducing fine particulate matter

Don't smoke indoors.

Limit the use of incense sticks and candles; use eco candles that don't contain any harmful substances; prevent smoke (dip the wick into the hot wax to extinguish).

Vacuum carpets at least once or twice a week and air out rooms while vacuuming. Use a vacuum cleaner with a 'HEPA filter'.

Shake out curtains, upholstery and blankets regularly, wash them and hang them out to dry in fresh air.

Dust furniture and fittings using a damp cloth.

Mop floors and tiles regularly.

Grill and barbecue outdoors; when roasting and cooking, switch on the extractor hood and open the window for ventilation.

If possible, don't work with solvent-based paints and adhesives in closed rooms; if you do, be sure to ventilate the room well and ensure that the air can circulate.

Be critical when checking cleaning products for contents and opt for biodegradable and environmentally-friendly cleaning products.

Use hairspray, nail polish remover, perfume and similar cosmetics products sparingly and only in well-ventilated rooms.

Wash new clothes and textiles to remove any chemical residue.

Do not use old laser printers without a filter.

Prevent mould from forming.

Avoid using an open fireplace.

If you live in an area with a lot of traffic, you shouldn't open your windows at peak times.

Drive as little as possible.

Walk, cycle or use public transport more often.

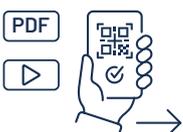
Equip old vehicles with fully-functional particle separators.

Opt for regional products that don't have to travel far.

Try to produce as little waste as possible, separate waste and dispose of hazardous waste like batteries properly.

Avoid burning leaves and wood in your garden.

Improve the air you breathe and make informed decisions now!



memon shop



Fine particulate
matter



Interference field
analysis